

Handout 3.4: My Influences Map

Name: _____ Date: _____ Period: _____

Directions: Three parts. Part 1 is the everyday sort: ten things about a person; mark each H (mostly heredity), E (mostly environment), or B (both). Part 2 is your influences map. It is private. It goes in your FACS folder and nobody reads it unless you choose. Use roles, not names (“a coach,” “my aunt”). Part 3 is the only part I collect: three sentences on the one influence that has done the most to make you who you are, still with no names.

Word bank in other languages

English	Turkish	Portuguese	Spanish
heredity	kalıtım	hereditariedade	herencia
environment	çevre	ambiente	ambiente
family	aile	família	familia
friend	arkadaş	amigo, amiga	amigo, amiga
influence	etki	influência	influencia

Part 1: Two sources, and the everyday sort

Heredity means: _____

Environment means: _____

The rule: almost everything about a person is _____.

Mark each item H, E, or B. Write a reason for three of them.

#	Item (picture cue)	H, E, or B	Reason (three of them)
1	Eye color (an eye)		
2	Height (a ruler)		
3	Your accent (a speech bubble)		
4	Being ticklish (a feather)		
5	Liking a certain kind of music (a note)		
6	Being shy or outgoing (two faces)		
7	Being good at		

	drawing (a pencil)		
8	Your first language (a book)		
9	A food allergy (a peanut with a line through it)		
10	How you handle losing (a game piece)		

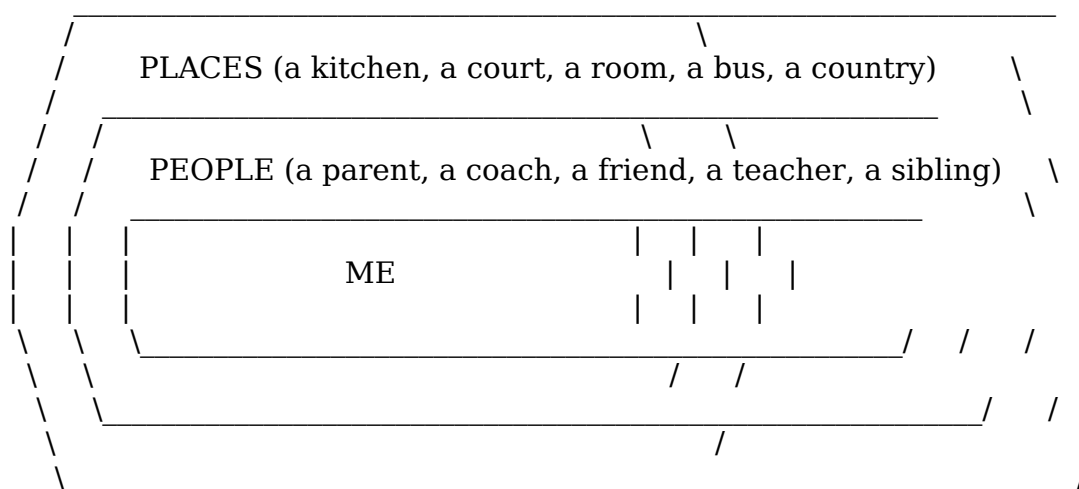
Grade 6: items 1, 2, 3, 5, 8, and 9.

After the reveal: change any answer you want to and write why next to it.

Part 2: My influences map (private; not collected)

Draw yourself in the middle circle (a stick figure is fine, or just write “me”). Around it, in the three rings, write at least eight influences: people, places, and things that have shaped who you are. No names; use roles. Next to each, write the aspect it shaped most: **P** (body), **E** (feelings), **S** (people), **I** (thinking). Star the three biggest.

THINGS (a phone, a language, a library card, a sport, a book, a game)



If the rings are too small, list them here instead:

Influence (a role, a place, or a thing)	People, place, or thing?	Aspect (P, E, S, I)	Star?

Grade 6 and IEP/504: at least five influences.

Part 3: The biggest one (collected)

Which one influence on your map has done the most to make you who you are right now?
Three sentences: what it is (a role, not a name), what aspect it shaped, and why you picked it over the other two stars.

Sentence starter: "The biggest influence on me is ___ because ___."







Grade 8 stretch (Part 4): pick one influence and write how it might look different for a student in another country or another decade. Would the aspect it shaped change?





Exit card (3-2-1)

3 things about me that are mostly environment:

2 things about me that are mostly heredity:

1 influence I want more of next year:
