

Handout 3.2: Ages and Stages Chart and Demo Sheet

Name: _____ Date: _____ Period: _____

Directions: Three parts. Part 1 is the egg demo: predict, watch, write. Part 2 is the Ages and Stages chart: eight cells are blank, and the eight milestone strips at the bottom of the page fill them. Cut the strips or draw a line from each strip to its cell. Part 3 is the caregiver table: for three ages, one thing the caregiver gives and one safety step that matches the child's newest skill. Every age on this page is "about." Children are not on a schedule, and a pediatrician, not a babysitter, decides if a child is behind.

Word bank in other languages

English	Turkish	Portuguese	Spanish
baby	bebek	bebê	bebé
child	çocuk	criança	niño, niña
caregiver	bakıcı	cuidador	cuidador
safe	güvenli	seguro	seguro
to grow	büyüme	crescer	crecer

Part 1: The egg demo

Before the napkin. Does the egg exist? (circle) YES NO

Under the napkin. Does the egg exist now? (circle) YES NO

What would a 6-month-old do when the egg goes under the napkin? (circle one) a. Stare at the napkin, then look away like the egg was never there b. Pull the napkin off and grab the egg

What would a 12-month-old do? (circle one) a. Stare at the napkin, then look away like the egg was never there b. Pull the napkin off and grab the egg

Object permanence means (in your own words): _____

Before about 8 months	After about 8 months
Out of sight means:	The baby now:

Why should you care? One way object permanence shows up in your life right now (peek-a-boo, missing someone far away, knowing your phone is in your bag): write it here and copy it onto a sticky note for the wall.

Part 2: The Ages and Stages chart

Eight cells are blank. Fill them with the milestone strips at the bottom of the page. Picture cues: an arm for physical, a lightbulb for intellectual, a heart for emotional, two figures for social.

Age (about)	Physical (arm)	Intellectual (lightbulb)	Emotional (heart)	Social (two figures)
Birth to 3 months	Lifts head briefly when on tummy; grips a finger	Follows a face or a bright object with the eyes	Calms when held; cries to say something is wrong	Starts to smile at people
3 to 6 months	[blank 1]	Reaches for a toy and brings it to the mouth	Laughs; shows excitement	Likes to look at self in a mirror; knows familiar faces
6 to 12 months	[blank 2] at about 6 months; crawls; pulls up to stand	Searches for a hidden toy (object permanence, about 8 months); knows own name	Cries when a parent leaves (separation anxiety)	[blank 3] with people they do not know
1 to 2 years	[blank 4] at about 12 months; climbs onto low furniture	Points to ask for things; follows a one-step direction	Has big feelings and no words for them yet; tantrums are common	Copies what adults do; plays next to other children
2 to 3 years	Runs; kicks a ball; starts to use a spoon	[blank 5] ; knows some body parts; sorts shapes	Says “mine”; shows more independence; still needs comfort	[blank 6] (plays beside other children, not yet with them)
3 to 5 years	Hops on one foot; uses child scissors; draws a person with parts	[blank 7] (a block is a phone, a box is a boat); counts to 10	Starts to name feelings; can wait a short time	Takes turns; plays with other children; has a best friend

Extra blank: **[blank 8]**, first real words, go in the Intellectual column at 6 to 12 months (write “first real words at about 12 months” in that cell).

Milestone strips (cut apart or draw a line):

Strip	Milestone
A	Rolls over (about 4 to 6 months)
B	Sits without help (about 6 months)
C	Walks (about 12 to 15 months)
D	First real words (“mama,” “ball”) (about 12 months)
E	Two-word sentences (“more juice”) (about 2 years)
F	Pretend play (about 2 to 3 years, grows through 5)
G	Stranger wariness (about 8 to 12 months)
H	Parallel play (about 2 years)

Grade 6: fill blanks 1, 2, 4, and 7 only.

Check your do now guesses. Circle any guess that was more than six months off: sitting ____
walking ____ first word ____

Part 3: What a caregiver gives, and safety by stage

The rule: **every new skill is a new hazard**. Copy the board list of what young children need from a caregiver, then fill the table.

What young children need from a caregiver:

Sentence starter: "A ___ year old can , ***so the caregiver should .***"

Age	Newest skill	One thing the caregiver gives (a need met) and why	One safety step that matches the skill and why
6 months	rolling, sitting, grabbing		
2 years	walking, climbing, saying "mine"		
4 years	running, pretend play, asking why		

Grade 6: fill the 2-year row only. IEP and 504: any two rows.

Grade 8 stretch: **What the brain is doing.** In the first three years, the brain builds connections between its cells faster than at any other time. The connections that get used stay; the ones that do not get trimmed. Talking, holding, sleep, and real food are what feed that. Write two sentences: what does this mean for someone caring for a 1-year-old?





Exit card (3-2-1)

3 milestones with their age range:

2 things a young child needs from a caregiver:

1 safety step that matches a skill (write the skill and the step):
